Psychiatric Emergency Services

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Psychiatric Emergency Services (PES)

• Who Are We?
  – Team of highly trained doctors, physician assistants, nurses, social workers and behavioral technicians
Psychiatric Emergency Services (PES)

• What do we do?
  – Provide 24/7 psychiatric care for individuals requiring emergent psychiatric evaluation.
  – Facilitate connection with inpatient and outpatient psychiatric care in the community.
  – Serve as a entry point for opioid agonist treatment for people with opioid addiction.
A Look Inside
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PES By the Numbers

Number of Encounters 2018: 6265
Length of Stay: 7 Hours
Admission Rate: 20%

- Full Assessments (MD/PA): 5553
- Brief Assessments (RN only): 713

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Referral Sources

Patients may arrive to the PES on a voluntary or involuntary status (M1 hold)
Psychiatric Emergency Services (PES)

• What we do (continued)?
  – Acute stabilization/crisis intervention
  – Evaluation and treatment
  – Initiation/management of medication
  – Brief supportive interventions
  – Coordination and support for family members/loved ones
  – Overnight treatment and observation
  – Connection to mental health services (inpt/outpt)
  – Safety and crisis planning
  – Suboxone induction
Our Standards of Care

- Nurse and MD/PA evaluation
- Gather collateral information
- Safety/crisis planning
- Identify and contact a follow-up provider
Opioid Agonist Treatment

Suboxone Inductions (December 2018 – March 2019)

Total (all of ED): 171
Total in PES: 74
Suboxone Induction Process

1. Identification/Triage
2. Medication Initiation & Monitoring
3. Meet with Treatment on Demand Coordinator
4. Discharge to f/u at OBHS or other Clinic
Possible Treatment Pathways

- Overnight observation
- Detox/CARES
- Crisis Stabilization/Acute Treatment Unit or Inpatient Hospitalization
- Discharge with follow-up
Treatment Options Upon Discharge

- Local mental health referral
- Integrated behavioral health (at DH)
- School-based health clinic (DPS)
- Substance use treatment
- Telephone counseling
- Follow-up with Rocky Mountain Crisis Partners
Questions?

Thank you!

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